

Suicide Prevention Workshop

... Finding Light at the End of the Tunnel

Wednesday, January 22, 2020

5:30pm-9pm

Vaibhav Restaurant
737 Newark Avenue

Jersey City, NJ



SAMHIN



#HealthierJC



Workshop will focus on:

- Understanding the extent of the problem of suicide in the U.S. and specifically in Jersey City
- Myths and Facts surrounding Suicide
- Risk factors
- Warning signs
- Suicide prevention and helping those at risk
- Supporting those left behind

Event is FREE and Open to Public.
Register early as seats are limited!

Dinner will be served.

Presenters

- Anu Upadhyay, MD
- Lily Arora, MD
- Richanna Huertas
- Shikha Sadhar
- Vasudev Makhija, MD

For more information and to register: Call/Text: (732) 902-2561
or Email: info@samhin.org



#HealthierJC

*This program is made possible with grant funding
from the Partnership for a Healthier Jersey City.*