



Janani

... Mother of Hope and Healing

Support Group for Suicide Loss Survivors

When the veil of secrecy is lifted, the healing begins. . .

Our meetings are offered to anyone who has lost a loved one to suicide. Survivors can be family, friends, co-workers, and so on. Meetings are run as peer support groups and facilitated by trained facilitators. Meetings offer an opportunity for participants to focus on and express their thoughts, feelings, challenges and difficulties in coping with the loss. The atmosphere is supportive, non-judgmental and confidential.

There is no time table for grief. Listening to the encouraging words from other suicide loss survivors who share their stories gives hope. Grief work and time will allow survivors to move beyond just survival. While the stories of survivors may differ, the aftermath that suicide survivors experience shares a common thread.

Join us for an evening of support and information

Date: Every Monday

Time: 7:30 pm - 9:00pm

Location:

New Dover United Methodist Church

687 New Dover Road,

Edison NJ 08820

Cost: Free

Light refreshments will be provided.

Call 908-280-2833 if you have any questions.