

SAMHIN in association with Gurudwara Guru Nanak Darbar of Long Island presents:



Sunday, May 7, 2023.

11:00 am - 3:00 pm

11 N Broadway, Hicksville, NY, 11801

(516) 643-2266

# Mental Health Screening

JOIN US IF YOU:

Experience **stress, tension, sleep** difficulty, excessive **worry**, feelings of **depression**

Have questions about **how to help a loved one** with their stress, tension, drug use, or alcohol use

Are looking for help if you or someone you know has problems with **drinking or tobacco use**

If you have any **questions**, need advice, or want to learn about **mental health, addiction**, and **available treatments**

## Contact Us

Gurudwara Guru Nanak Darbar

(516) 933-4878

<https://www.facebook.com/GuruNanakDarbarHicksville/>

[info@gurunanakdarbaroflongisland.com](mailto:info@gurunanakdarbaroflongisland.com)

[info@samhin.org](mailto:info@samhin.org) [www.SAMHIN.org](http://www.SAMHIN.org)

