

#HealthierJC

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BREAKING BARRIERS. EMBRACING WELLNESS.

South Asian Substance Use Workshop

THE PROGRAM AGENDA

- Overview of Substance Use
- Personal Stories
- Impact of Alcohol Use on the Lives of South Asians
- Role of Trauma, Shame, and Stigma in Substance Use
- Solutions and Resources
- Panel Discussion and Q & A

Dinner will be served.

FOR MORE INFORMATION:

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**TUESDAY,
SEPTEMBER 19TH, 2023**



5:00 PM - 8:30 PM



**Vaibhav Restuarant
737 Newark Ave
Jersey City, NJ, 07306**



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