SAMHIN in association with Gurudwara Dashmesh Darbar presents:

December 4th, 2022
11 am - 4 pm

Gurudwara Dashmesh Darbar
800 Port Reading Ave, Port Reading, NJ
www.DashmeshDarbarNJ.org

Mental Health Screening

Join us if you:

- Experience **stress, tension, sleep difficulty, excessive worry, feelings of depression**
- Have questions about **how to help a loved one** with their stress, tension, drug use, or alcohol use
- Are looking for help if you or someone you know has problems with **drinking or tobacco use**
- If you have any **questions**, need advice, or want to learn about **mental health, addiction, and available treatments**

For More Info:
732-541-6000