

FREE

In Association with
MATAWAN ADULT DAY CARE,
VISIONARY LIONS FOUNDATION Presents



COMMUNITY HEALTH FAIR

SUNDAY, OCTOBER 23, 2022
FROM 9:00 AM TILL 12:00 PM

MATAWAN ADULT DAY CARE
3996, HIGHWAY 516, MATAWAN



Activities Include:

Screening

- Vision
- Diabetes
- Blood Pressure
- Healthy Weight
- Oral Health
- Mental Health

Consultation

- Diet/Nutrition
- General Health
- Elderly Health
- Diabetes
- Podiatry
- Physical Therapy
- Mental Health
- Medications

Presentations

- Nutrition
- **Elderly Care**
- Pharmacy
- Diabetes Care
- Yoga/Zumba



COVID/FLU Vaccines
will be available...

* Do not eat anything for 10 hours before the test for blood glucose screening.

Please register at: bit.ly/MatawanHealthFair2022

For More Information:

Email: matawanhealth@visionarylions.org

Call: Colette (732-439-5814) or Revti (732-824-8311)

Light snacks and beverages will be available
Local transportation available upon request

KNOW MORE ABOUT ADULT DAY CARE...

